

Kirakira 100%

Chapter 8

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Chibi Manga





★ MIKU'S ★ ★ DIET ★

Around the beginning of 2011, Miku thought "I want to lose some weight" and decided to try dieting.

She stopped her everyday snacking, and ate very little during her meals. Happy that her weight dropped, she continued to reduce the amount she ate... Bles lost "Yes!", just when she was proud of herself, her friend commented "What's wrong, you look sick!". #crash~

Looking closely the bones on her face and chest were prominent... on top of that she had an oval shaped face. In the end she put back Bles and her face and chest returned to normal. Her legs and stomach were the only places she didn't lose any weight. It wasn't a good diet...



MIKU!?

WHAT'S
WRONG?

...AH...

AH

YOU
DON'T NEED
TO FORCE
YOURSELF
TO STAND

DIZZY?

WHAT
SHOULD
WE
DO?

....

I
JUST
...
GOT
REALLY
DIZZY..

YES

PLEASE

GOING
TO CALL
SHIGUTANI
-KUN.

I'M

Chibi Yanga¹⁴

I'LL ACCOMPANY
HIS IDO.

ANYWAY,

IT'S
BEST IF YOU
REST IN THE
HOTEL.

...
COULD
IT BE A
HEAT-
STROKE

EVERYONE GO
AND SWIM

I
SHOULD BE
ENOUGH.

SINCE
WE'RE
ALL
HERE.

EH..

BUT

THEN
PLEASE
TAKE CARE
OF HER.

CHULTAN
-GUM

OKAY..

THAT'S
TILE

NO NO YOU
SU VELA

HIZUGI



After the thinking about
trying black swimming
suits
Since it looks cool and
it's slimming
My goal for next year
is to elegantly go to
the sports club.
So going to swim
suits!!!



AM.

HOW
DO YOU FEEL
EMBARRASSED.

A LITTLE
BETTER.



As ex-
pected,
simple is
beautiful.



SO
GO SWIM
WITH THE
OTHERS.

I'M FINE
ALONE.

I'M SORRY
SHIRUTAMA
-KUN-

SINCE WE
CAME ALL
THE WAY
TO THE
BEACH.

BUT...

IT'S SUCH
A WASTE.

IT'S
ALRIGHT,
DON'T
WORRY
ABOUT
THAT.



Chibi Manga



Chibi Shanga



SHUT

AH...

HE'S GOING
AFTER ALL



WAIT
FOR A
WHILE.

I'LL BE
BACK IN A
SECOND.



OVERTAKING-RUN
WOULD
EVENTUALLY
GET BORED
LOOKING
AFTER ME

TO GO
SWIM

I DID
TELL HER



with
Shibutani-kun

I can't be seen
out on the
beach

As expected...

It's no good to
suddenly
become weak

Just about
now...

SHIBUTANI-KUN

IT SUITS YOU

I CAN'T
STAY
OVER AND
WATCH

That's all I
needed to hear.

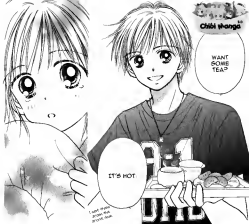
Yes

Even though
I worked so
hard.

It suits you

Why did the
butterfly

OPEN





I SAID IT'S
ALRIGHT,

DON'T
WORRY.

INSTEAD
JUST RELAX
AND GET
SOME REST

YES...

SORRY,
SHIBUTANI
-KUN

SORRY

Yoshikawa
girlfriend.

The

YES...

Sorry...



Chibi yōmei

light
breathing

See you next time in the
3rd volume!

BLU
SH

VAM
PUNCH

KICK

I took an interest in
"body combat" at the
sports club.
I would kick and punch
to the music and my

Chibi yōmei

YEAR, IT
WAS FUN-

FLOAT

WAS
THE BEACH
FUN?

WELCOME
BACK!

I'M
HOME!

SHE DOESN'T
LOOK VERY
HAPPY.

COULD IT
BE THAT
SHE
DIDN'T
GET ANY
SLEEP
LAST
NIGHT?

HERE'S
YOUR
HOUSE-
KE!

I'M
GOING
TO SLEEP.

THROW

CRUM
PLE

CRUM
PLE

GR
A
B

DIET
LOSE
WEIGHT

Chibi yongu

000000

B
A
F



HOW NICE
THE THE
BEAUTY

WELCOME
HOTEL

HELLO?

BUT DID YOU
BLISSFUL
PARTY? DID
GE PLANNED?

SO I DIS-
CERNED TO
CALL

I WAS
TALKING
ABOUT THE-
BUT YOU
BUT THERE'S
NO BLISS





Chibi shanga

AKU,
YOU

DON'T YOU THINK
SHIBUTANI
-KUN
WOULD DETEST
WHAT YOU'RE
DOING?

YOU'RE
MORE
STYLISH
THAN
MEJIRO
-SAN
FROM
WHAT I
SEE

I DIDN'T
WANT TO
LOOK SILLY
IN FRONT OF
SHIBUTANI
-KUN THAT'S
ALL...

EH...?

SHIBUTANI DIDN'T
CHOOSE AKU
BASED ON HIS
APPEARANCE,
RIGHT?



I WOULD
OUMP THAT
SORT OF
PERSON!!

AND HE
DARED
IT

IN FACT,
IT ISN'T
SOME-
THING TO
BE CON-
CERNED
ABOUT
EVEN IF
YOU ARE
FAT

SURE...

RIGHT?



DON'T
WORRY
ABOUT IT
ALONE

SINCE
YOU HAVE
SOMEONE TO
CONFIDE IN

AND

SO,
DON'T
WORRY!

STOP THAT
WEIRD DIET
PLAN AND
YOUR BODY
WILL GO
BACK TO
NORMAL



Chibi yōngō

I will rely on
you.

Go-
chūn

WANT TO
GO HOME
TOMOR-
ROW?

I
SUDDENLY
FEEL
RELIEVED

SOMEHOW

YES.

SO
SOON?

I DON'T
KNOW

So that's
how it is...

You can't do
anything if
your body is
weak



Chibi yongu²⁴

POSSIBLY
SARSUTANI
-KUN

But...
My revision is from morning
to afternoon.
Even if you wait there isn't
enough time, and it's hot.
There are other times when
we can grab a drink.

-Tiku

Send
OK

SHISU-
TANI!

HEART BE
WANTING TO
HOLD HANDS
IN THE HOTEL
FIRST CALLED
IT

BEACH
THE BEACH
CITYING
THERE HADN'T
BEEN MUCH
WALL

SHISU-
TANI!

LAY
BUT IS
AVOIDING
ME
FIRST
BUT



IN ONLY AT
THE BEACH
WITH EVERY
-ONE

ONE DID
BREAKDOWN

END

WHAT'S
WITH THAT
HEITERADJ
WHY WOULD
YOU...

HOW
DO YOU
KNOW?

IDIOT.

COULD IT
BE THAT

YOU'VE BEEN
CONTACTING
HER...?

Chibi Shingo

PROBABLY

THAT
GIRL.

DID SOME
POINTLESS
PISTING.

DON'T
MISUNDER-
STAND

ORDER.

YOU
CERTAINLY
HAVEN'T
NOTICED

.....
EHP

WHY
DON'T YOU
ASK HER

I DON'T
KNOW-

.....
SHALL-
SAYED

WHY?



Chibi yongu

AM...

DID YOU LISTEN
TO YOUR LECTURE?

WHAT A
YAWN

WELL-

IF MY MIND
WOULD
JUST
GO
DOWN
AND
STAY

UM...
I FELL ASLEEP
HALF WAY
THROUGH

KNOCK

VERY MUCH
BETTER

I'M VERY
HEALTHY

COOKIE CLUB

BUT IT'S
GOOD,

YOU LOOK
HEALTHY

IS YOUR
BODY
FEELING
BETTER?





Chibi yango

OUCHHH

HH

DON'T SAY
SUCH IDIOTIC
THINGS TO MY
GIRLFRIEND.

APOLOGIZE!





YUTENAI
TOLD ME

HOW
DID YOU
KNOW...

SHINAGAWA
DIDN'T LOOK
WELL. THAT'S
WHAT HE
THOUGHT

かあああ

BL

YUTENAI
DO I

.....

ALSO...

IF YOU
WANT
TO DO
THAT,
USE
THIS

FROM SOME-
ONE I KNOW
WHO LEARNED
HOW TO DET
FROM THIS
BOOK

I BORROWED
IT FOR YOU

きんぐ
541外



I'M SORRY

YOU'VE
JUST BEEN
THINKING

SUCH
WONDERFUL
THOUGHTS...

Shizuka:
love

What do I

I love you
so much...



Chibi Yanga

YOU EVEN
SAID HE

YOU WERE
SO WORRIED

AT THE
RELATION
TOO.

SHIBUTANI-KUN

I LOVE YOU
SO MUCH...

YOU
EVEN HELD
MY HAND

YOU
TREATED
ME KINDLY

Me too...

Yes...

Shibutan-kun

WHATEVER
YOU LOOK
LIKE

I LOVE YOU
SO MUCH...

I LOVE YOU...

ME TOO



Chibi Kanga



NO
FOOD AND
EXERCISE WILL
INCREASE

WHEN YOU
EXERCISE YOUR
FOOD DURING
A REST, YOUR
MUSCLES
WILL STORE
ENERGY

SO
THAT'S
HOW IT
WORKS

REDUCING THE
AMOUNT OF
FOOD WOULD
JUST MAKE IT
EASIER TO
GAIN WEIGHT

EH?

I'll try
dieting
one more
time!!

NOT
EXERCISE
IS DIFFICULT

WHAT IS
IMPORTANT
IS A
BALANCE
BETWEEN
FOOD AND
EXERCISE

GO JOGGING EV-
ERYDAY FOR 10
MINUTES.

If you continue for one week
you will definitely see
changes



JUST 10
MINUTES
EVERY
DAY?

REALLY?

.....



THE JOURNAL
OF COOK

JOINED
IN THE
PAGE...

I should work
hard!

COOKIE
SPORTS

HOW
ABOUT
MAKING
ME FEEL
ABOUT

WHY
ALL I DO IN
SCHOOL IS
BE AROUND?



TO
SUGGEST
THAT
AFTER
HOURS
EAT A SWEET
TREATMENT



EATING
THINGS
SLOWLY

WILL
STOP
BE
FOR
EATING
THINGS
SLOWLY

ENJOY
UP
EATING
FOR
SIT
HAPPY



Chibi yongu

Chibi Shingo

August 31st

This time I
will take it
at my own
pace.

NO THINGS SUPPLEMENT
OR SUSANING PILL
THAT WOULD BE HELPING
THE OTHER



During class
by lifting
exercise

When
watching
tv I will
exercise

I'M
GOING
!!

While enjoying
the .

Taking a long hot
bath to relax

Chibi Manga

HAIR?

LONG
TIME NO
SEE

GOING
OUT?

YOSHINO?

SHINGAKA

I WAS
ALWAYS
WANTING
TO THANK
YOU

THANKS
FOR THE
BOOK

YES! I'M
GOING TO THE
POOL WITH
SHIBUKAWA-KUN

AH-

NAH,
WELL

I HOPE
YOU DON'T
THINK I'M
BEING A
GLADY BODY

WHAT?

ENO

I WOULD
REALLY
LIKE TO
GO!

SHIBUKAWA-KUN
WANTS
TO GO
TOO

WELL, I
SAID
SOME
BAD
THINGS

I FEEL
GROSS-OUT
FOR IT



Chibi phango

AFTER
THAT MY
BODY
FELT
REALLY
GREAT!!

I'M SO
GRATEFUL
-SO-

IT
REALLY
HELPED
!!!

READING
THAT
BOOK
TAUGHT
ME SO
MUCH.

THEY SAY
IT IS BEST
TO LOSE
3-4LBS A
MONTH.

EH-

ONLY
DECREASED
3 LBS AFTER
3 WEEKS BUT

AH... MY
WEIGHT

THAT'S
REALLY
GOOD

AND
HOW CAN I
FOLLOW
THE
BOOK'S
TIPS?

LOOKS
LIKE YOU
CAN
DO IT.

THIS WAY
YOU CAN
SLOWLY
LOSE
WEIGHT



YUUTENJI
GAVE ME
REALLY
GOOD
ADVICE.

OH!

THAT'S
BECAUSE
IF NOT

MY SHOP
WOULDN'T
SURVIVE

YES...

SEE YOU
YUUTENJI!

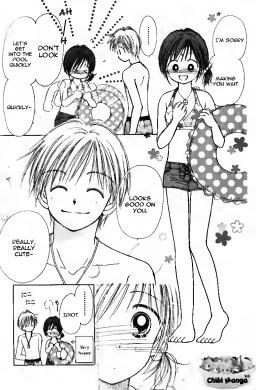
WELL,
YOU
GOTTO GO

THAT I
HAVE
SUCH
MAGICAL
POWERS

IT
CAN'T
BE
HELPED

NOT THAT I
USE MY MAGIC
POWERS FOR
ANYBODY







A
SECRET.

Anyways

20%, huh?
I'm suddenly in-
terested in that
percentage.

NEXT

THE
WAVE
POOL
AT

LA
COAST
SIDE

ABOUT
RELATIONS
THAT
ARE HALF
DOGS



Recruiting Page

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staff members

At Chibi
Manga,
we have a lot
of projects
that we have
to work on.



Translators

Scanners

Release
Editors

—No.4—

PANDA-SAN
HELP US GET
MORE STAFF!

YES SIR!



PLEASE JOIN CHIBI MANGA
AND LEND US A HELPING
HAND



HEHE!
DO YOU
THINK
THAT
WORKED
PANDA-
SAN?

translator



ME
?

YES! WE WANT
YOU! COME HELP
US SPREAD THE
LOVE OF MANGA!



CHIBI MANGA NEEDS YOU!!!

PLEASE!



Cherry Blossom Festival

~ Welcome to the Festival ~

~ Cherry Blossom Festival ~

~ Welcome to the Festival ~

Cherry Blossom Festival

~ Welcome to the Festival ~